

The Honourable William G. Davis
CENTRE FOR FAMILIES

37th Annual Report to the Community 2017 - 2018

37th Annual Report to the Community (2017-2018)

Our Mission

To strengthen and enrich individual, family, and community life

Our Vision

An inclusive community of healthy individuals, strong relationships, and resilient families

Our Values

Inspired by Catholic Social Tradition, we value:

- ♦ Compassion
- ♦ Inclusiveness
- ♦ Excellence
- ♦ Collaboration
- ♦ Social Justice
- Accountability

Strategic Directions

Aligning our Programs and Services to Meet the Evolving Needs of the People and Communities Served Achieving the Full Potential of the Hon. William G. Davis Centre for Families

Building Our Organizational Capacities to Serve Ensuring the Long Term Financial Health of Catholic Family Services Peel-Dufferin



John Matos

Sharon Mavne Devine

Accredited by Canadian Centre for Accreditation



Agréé par Centre canadien de l'agrément

Mother Teresa said, "I can do things you cannot, you can do things I cannot; together we can do great things." We, like the Missionaries of Charity, have accomplished a great deal together this last year. Our Board, Staff, Volunteers, and Students have worked hard to navigate through change, challenge and growth.

We went through the accreditation process with the Canadian Centre for Accreditation for the first time and passed with excellent results. It was an opportunity for us all to reflect on the work that we do and just how well we all do it. It was gratifying to hear the accreditation review team comment on the positive morale that was evident as they interacted with our staff and how that clearly benefits our clients.

We witnessed a significant increase in people accessing our Walk-in Counselling Clinics in both Mississauga and Brampton. We became creative with our office space in order to see as many people as we could, people who came to us for support and care. We were able to secure additional funding in order to provide specialized couple counselling, and to expand our culinary programs in our community kitchen. We continually pushed ourselves to find ways to make our services more accessible to our clients and develop more cross program integration. As a result, clients continue to report how much we have positively impacted their lives.

We continue to lead important collaborative programs in our community, at the Safe Centre, PEAPN, and HEAL. We continue our commitment to finding creative, innovative models of service delivery and integration amongst our partner agencies in the building. This year, our Board of Directors made a decision to support the development of the Hon. William G. Davis Centre for Families as a community asset, separate from, yet a part of, CFSPD. In the coming year we will be engaging with our community partners to develop a mission, vision, and values statement for the Davis Centre, enabling us to do more together.

None of this is possible without our funders and donors, who continue to support our Mission, to strengthen and enrich Individual, family and community life. We are grateful for our talented and dedicated staff, our committed Board of Directors, our exceptional volunteers, and the many wonderful students and interns who come to us to share their energy and enthusiasm for the work we do. Together, we have and continue to do great things!

Sincerely,

John Matos **Board Chair**

Catholic Family Services of Peel-Dufferin

Sharon Mayne Devine MSc, RSW, RMFT Executive Director

AL 32

Catholic Family Services of Peel-Dufferin

Executive Director Receives Leading Women Award

Earlier this year, Sharon Mayne Devine, Executive Director, was presented with the Leading Women/Leading Girls award by Harinder Malhi, MPP and the Minister of the Status of Women.

This award acknowledges and celebrates women and girls who demonstrate exceptional leadership in working to improve the lives of others in their communities through volunteerism. Sharon's work as Co-Chair of the Peel Committee Against Women Abuse



(PCAWA) and her role as Vice Chair with the Family Service Ontario (FSO) Board of Directors made her the ideal candidate to receive this prestigious award.

Sharon has an extensive history of working with women and girls. In the 1990s she established two innovative open group programs for abused women and women survivors of childhood sexual abuse. These groups eliminated the wait times and dramatically increased accessibility for service. This open group model was adopted by many organizations across the province.

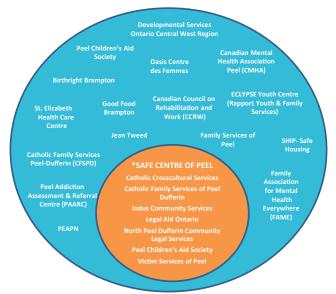
Sharon's ability to achieve consensus and build relationships among stakeholders makes her an incredible asset to Peel Region. Her strength, coupled with the grasp of issues affecting girls and women, makes her a strong and effective ally for those living in fear and violent conditions. Her ability to bring communities together, and manage multiple priorities only makes her more effective in dealing with emerging issues in Peel.

Strategic Direction 1: Achieving the Full Potential of the Honourable William G. Davis Centre for Families

The Davis Centre is a "Centre of Excellence, with a Made-for-Peel solution"

The Honourable William G. Davis Centre for Families in Brampton is home to 21 human service organizations working collaboratively to deliver services to the community. Our community hub provides a range of services; counselling, addictions, mental health, and psychotherapy, in one location making it easier for clients to access the services they need when they need them. It is home to the Safe Centre of Peel, our hub within the hub, providing integrated service delivery for victims of violence and their children. Good Food Brampton, our community kitchen, is the heart of our home, providing culinary training and nutrition programing for youth, new comers, seniors, to name a few. Many have enjoyed a hot lunch meal served by our youth throughout the year.

The Hon. William G. Davis Centre for Families Partners:









Strategic Direction 2: Aligning our Programs and Services to Meet the Evolving Needs of the People and Communities Served

CFSPD Counselling Services



^{*}Our Counselling Services are supported by our Client Support Team and Administration Staff

Strategic Direction 2: Aligning our Programs and Services to Meet the Evolving Needs of the People and Communities Served

Collaborations Led by CFSPD

- The HEAL (Helping End Abuse for Life) Network is a partnership of 19 social service organizations dedicated to supporting mothers and children exposed to violence through family and group counselling. The network also engages in violence prevention through youth groups and public education workshops.
- The Safe Centre of Peel is a safe and welcoming space where many agencies work together at one location, offering support and compassionate care to adults, children and youth affected by abuse and violence in Peel. This collaboration consists of 8 onsite agencies, 9 offsite partners, and a multitude of community partners serving hundreds of individuals every year.
- The Good Food Brampton Community Kitchen grows access to food through working respectfully with our community in all its diversity to increase knowledge of food and nutrition, develop skills in food preparation and empower participation in building a sustainable food system.

HEAL Network



Safe Centre of Peel



Good Food Brampton



- The Peel Elder Abuse Prevention Network is a network of 50+ agencies, businesses and seniors working together to promote the optimal quality of life for older adults in Peel.
- The Safer Families
 Program is a collaboration
 between Peel Children's
 Aid Society, Family
 Services of Peel and
 CFSPD to provide wrap around community based
 services to families
 who have come to
 the attention of child
 protection services due to
 domestic violence.

PEAPN



Safer Families



Strategic Direction 2: Aligning our Programs and Services to Meet the Evolving Needs of the People and Communities Served

Community Capacity Building at CFSPD

Sistering and Wellness

- The Sistering Program supports women who have experienced violence, through mentorship and social events.
- The Wellness Program works to enhance physical, emotional and mental wellbeing within group settings.

Parish Outreach Project

• A project that supports local parishes to implement friendly visiting programs for vulnerable seniors.

Volunteer Program

• The program provides opportunities to give back to the community, learn about important social issues, as well as expand skills and expertise.

Community Development

 The department oversees community enhancement projects and leads agency outreach initiatives to help reach out to people who need services.

Practicum Training Program

 A training program for graduate students that allows them to gain clinical experience through direct client contact, instruction and supervision by trained Individual, Couple and Family Therapists.

Serving the Communities of Peel and Dufferin for 37 Years

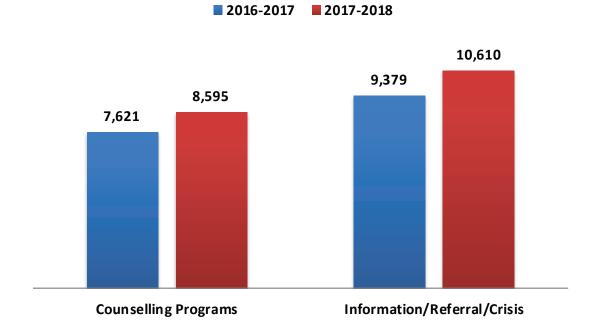
Clients Served 2017/2018

"My counsellor was very helpful in providing realistic techniques I can use to help reduce anxiety."

"My counsellor made me view relationships in a whole new light. I am eternally grateful for that breakthrough."

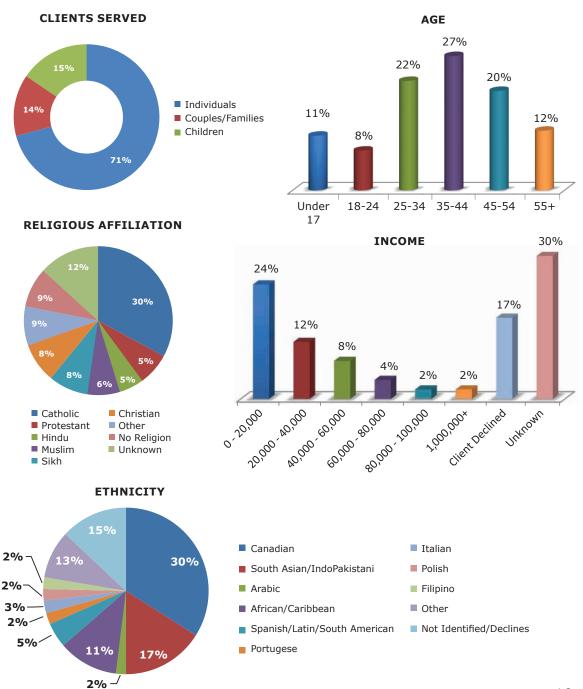
"Thank you so much for your assistance. Your help clarified my goals and needs going forward."

"I was made to feel safe and secure. The information was very useful and empowering."



"Thank you to my PAR facilitators. You have provided me with the tools I need to move forward and take ownership for my actions in order to maintain healthy relationships. Your interactions with each participant provide the support we need to be successful. I am thankful for this opportunity."

We Serve the Whole Community



Strategic Direction 3: Building our Organizational Capacities to Serve

CFSPD in the **COMMUNITY**



Strategic Direction 3: Building our Organizational Capacities to Serve

CFSPD Staff

At CFSPD we have over 60 Staff members, of diverse professional and cultural backgrounds. Our staff serve the Peel-Dufferin community from multiple locations including Brampton, Mississauga, Bolton and Orangeville. We provide service in over 10 languages.

We would not be able to do the work we do without our Staff, Board and Volunteers.









Staff Milestones

10+ Years

- Ana Rocha
- Crystal Liu
- Mariola Malasinski

Board of Directors



Our Board of Directors provides leadership and strategic governance to support the organization in achieving its mission, to strengthen and enrich individual, family and community life.

John Matos (Chair)
Dana Robbins (Vice Chair)
Cathy Dineen (Secretary)
Sue McAuley (Treasurer)

Sameer Akhtar Sugrim John Catherine McLean Magid Youssef Ashton Sequeira

Volunteers

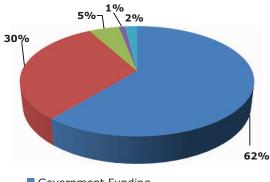
CFSPD recognizes volunteers and interns who come from diverse backgrounds and experiences. We at CFSPD feel privileged to acknowledge the work of volunteers and want to say THANK YOU for being part of a bigger picture. Our volunteers bring a multitude of competencies to our organization that expands our capacity to serve diverse populations and creates a bridge with new communities.

"Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in."



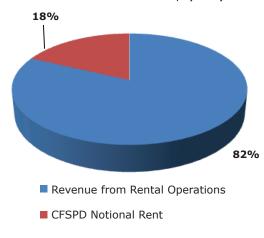
Strategic Direction 4: Ensuring the Long Term Financial Health of Catholic Family Services Peel-Dufferin

OPERATING REVENUE \$4,350,592

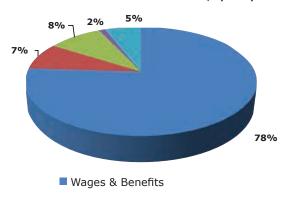


- Government Funding
- Charitable Organizations
- Client Fees
- Donations and Fundraising
- Other

BUILDING REVENUE \$1,288,656

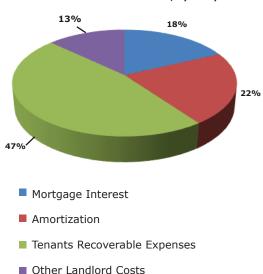


OPERATING EXPENSES \$4,321,805



- Program Cost
- Occupancy Cost
- Staff and Board
- Administrator

BUILDING EXPENSES \$1,191,840



Recognizing Our Funders and Donors

Thanks to your support, we were able to enrich the lives of 29,785 residents in Peel and Dufferin.







Local Poverty Reduction Fund
Ministry of the Attorney General
Ministry of Children and Youth Service
Ministry of Citizenship & Immigration
Ministry of Community and Social Services









Department of Justice Canada

Ministère de la Justice Canada



Human Resources and Skills Development Canada

Ressources humaines et Développement des compétences Canada









Fondation Trillium de l'Ontario



Service Locations





Brampton

The Honourable William G. Davis Centre for Families 60 West Drive, Suite 201 Brampton, Ontario L6T 3T6 Tel: 905-450-1608

Mississauga

Tel: 905-897-1644

The Emerald Business Centre 10 Kingsbridge Garden Circle, Suite 400 Mississauga, Ontario L5R 3K6

Bolton

18 King Street East Bolton, Ontario L7E 1E8 Tel: 905-450-1608





Orangeville

Dufferin Child & Family Services 655 Riddell Road Orangeville, Ontario L9W 4Z5 Tel: 905-450-1608 Edelbrock Centre 30 Centre Street Orangeville, Ontario L9W 2X1 Tel: 905-450-1608

Dufferin County Toll Free: 1-888-940-0584 Charitable Registration #11908 7823 RR0001 info@cfspd.com www.cfspd.com