



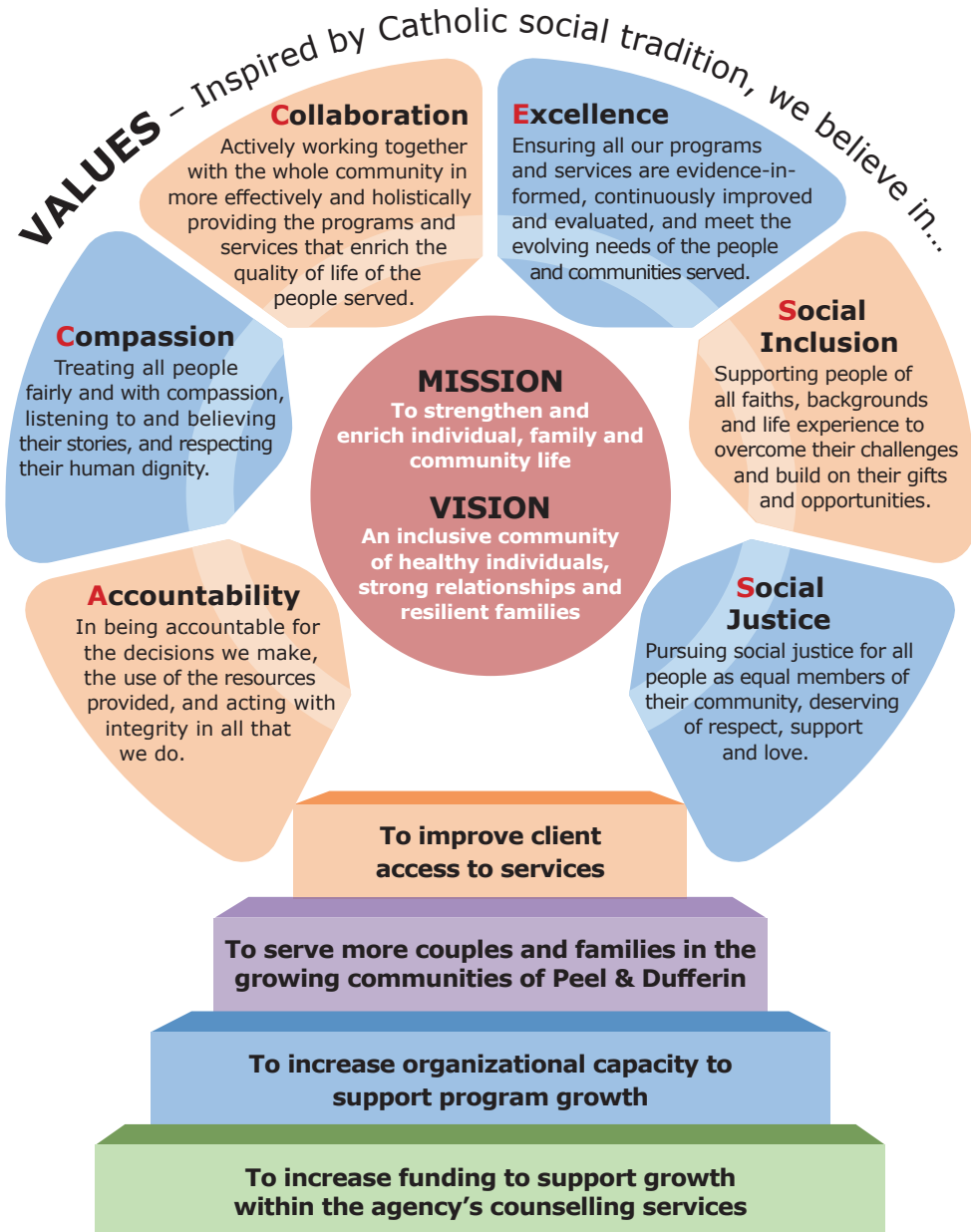
Catholic Family Services
PEEL • DUFFERIN

The Honourable William G. Davis
CENTRE FOR FAMILIES

39th Annual Report to the Community
2019 - 2020

39th Annual Report to the Community (2019-2020)

Serving people of all faiths and backgrounds.





Sue McAuley



Sharon Mayne
Devine

"I am writing to you as I wanted to thank you for the love and support you and your team gave me, I won't lie that before meeting you I was almost ready to give up on my life, but now life feels amazing..."

This note from a client articulates the gratitude so many of our clients express. It is not just what we do but how we do it that makes the difference. Compassion, a deep sense of justice, and a commitment to working together are expressed by the Staff and Board of CFSPD. This commitment brings about our vision for an inclusive community of healthy individuals, strong relationships, and resilient families.

This year we celebrate the 20th anniversary of the Practicum Training Program in Individual, Couple & Family Therapy. We have trained more than 200 therapists, many have gone on to work for us, as well as a number of agencies within Peel Region and beyond. We changed the location of the Mississauga office to be more accessible to those who most need our services. We established the Davis Centre Leadership Table, bringing together on and off-site partners to develop collaborative responses to meet the needs of our clients.

In September we hosted a Violence Against Women round table, bringing together our community partners at the Safe Centre of Peel, Brampton's Mayor, and several City Councillors to discuss actions to make the City a safer place for women and children. I am heartened by the commitment both City and Regional Council have made to end violence against women. Together we can create lasting change.

None of this is possible without our funders and donors who continue to support our mission to strengthen and enrich individual, family and community life. We are grateful for our talented and dedicated staff, our committed Board of Directors, our exceptional volunteers, and the many students and interns who come to us to share their energy and enthusiasm for the work we do. Together, we have made, and continue to make, a difference in the lives of our clients and community.

As we approached the end of the fiscal year, we quickly moved all of the staff out of the office to work from home in the face of the COVID-19 pandemic. We are grateful to our funders for their support and flexibility during these unprecedented times. None of us knows what the future holds, but we go forward confidently, guided by our values, staying true to who we are.

Sincerely,

Sue McAuley
Board Chair
Catholic Family Services of Peel-Dufferin

Sharon Mayne Devine MSc, RSW, RMFT
Chief Executive Officer
Catholic Family Services of Peel-Dufferin

Strategic Direction 1: To Improve Client Access to Services



The community can access services from a range of community access points.

Collaborative Partners

The HEAL Network is a partnership of 19 organizations dedicated to supporting mothers and children exposed to violence through family and group counselling.

Heal Network



SCoP is a safe and welcoming space where many agencies work together at one location, offering support to adults, children and youth affected by abuse and violence in Peel. This collaboration consists of 6 onsite agencies, 9 offsite partners, and a multitude of community partners.

Safe Centre of Peel



The Safer Families Program is a collaboration between Peel Children's Aid Society, Family Services of Peel and CFSPD to provide community-based services to families who have come to the attention of child protection services due to domestic violence.

Safer Families



PEAPN is a network of 50+ agencies, businesses and seniors working together to promote the optimal quality of life for older adults in Peel.

PEAPN



PCAWA is a community coordinating committee with a mandate to promote a comprehensive and effective response to woman abuse. The cross-sector agency membership includes Women's shelters, Victim services, Family service agencies, settlement partners, Peel Regional Police, Peel CAS, etc

PCAWA



This new partnership with CMHA Peel Dufferin expands the capacity and services in Brampton's CFSPD Walk-In Counselling Clinic. It enables a timelier response to the needs of those struggling with moderate to severe mental health challenges and builds the capacity and expertise in the staff of both agencies.

CMHA Peel Dufferin



This hub is a collaboration of organizations working to assist victims of human sex trafficking. The organizations consist of CFSPD, Our Place Peel, Elizabeth Fry, Victim Services of Peel, Peel Regional Police, and the Region of Peel, as well as the Peel Human Trafficking Service Providers Committee.

Human Sex Trafficking Trauma Intervention Hub

Expanding Our Capacity to Serve

Good Food Brampton

- The program provides learning opportunities in a commercial kitchen led by a culinary chef. Programs are designed for youth, newcomers and other community members in partnership with community agencies to address food insecurity needs and build culinary skills.

Parish Outreach Project

- A project that supports local parishes to implement friendly visiting programs for vulnerable seniors.

Community Development

- The department oversees community enhancement projects and leads agency outreach initiatives to help reach out to people who need services.

Sistering

- Sistering is a safe place where women gather and feel welcomed, understood, accepted, validated, loved, and trusted. They are also able to access community support to further their healing journey from the experience of violence, abuse and trauma.

Wellness

- The Wellness Program works to enhance physical, emotional and mental wellbeing within group settings.

Strategic Direction 2: To Serve More Couples and Families in the Growing Communities of Peel & Dufferin

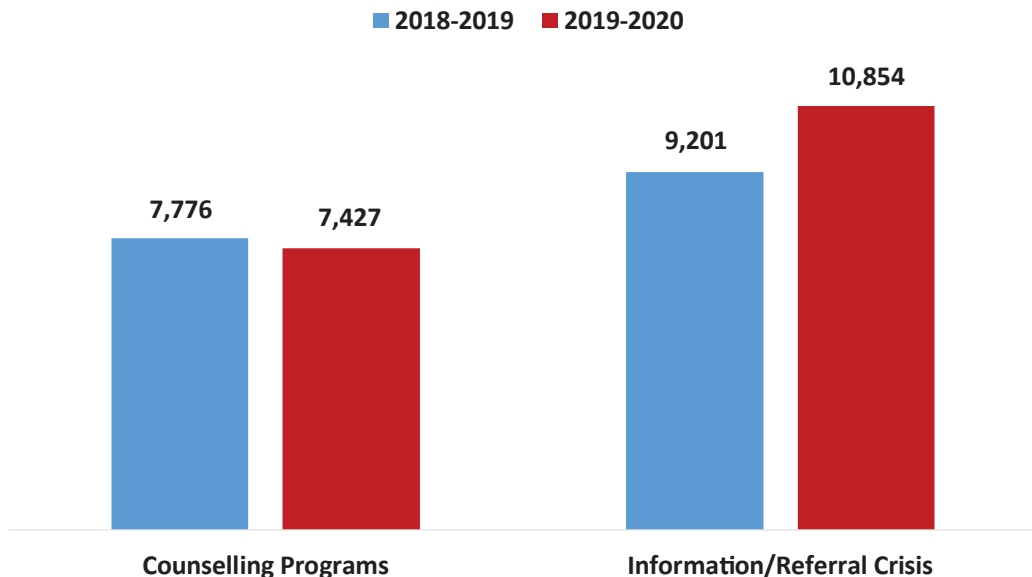
Serving the Communities of Peel and Dufferin for 39 Years

Clients Served 2019/2020

"I came here broken and feel like the pieces are starting to come together stronger than before."

"I am so happy with my progress throughout this program, I know I can continue on with what I have learned and continue to do and be better"

"I sincerely hope to pay it forward someday. This experience has motivated me to pursue my passion in social work, in order to help others find their way."



The decrease in counselling program numbers is due to the relocation of the Mississauga office in 2019.

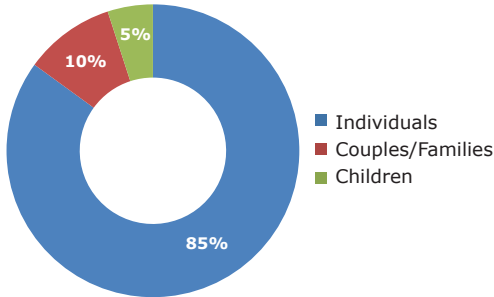
CFSPD Therapy and Support Services



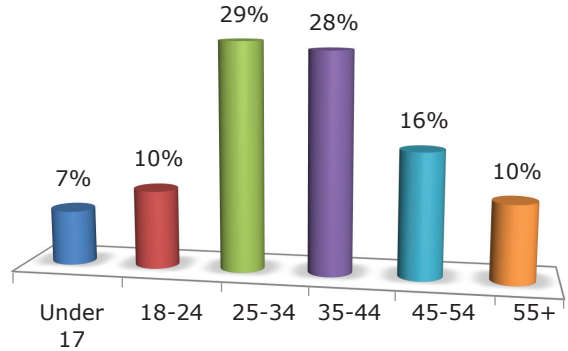
Our Psychotherapy Services are supported by our Client Support Team and Administration Staff

We Serve the Whole Community

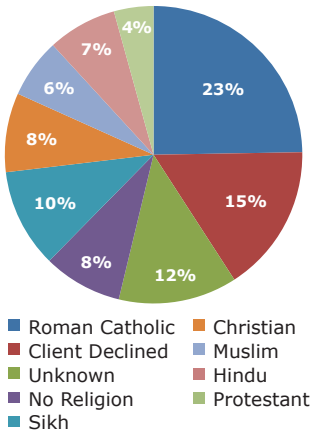
CLIENTS SERVED



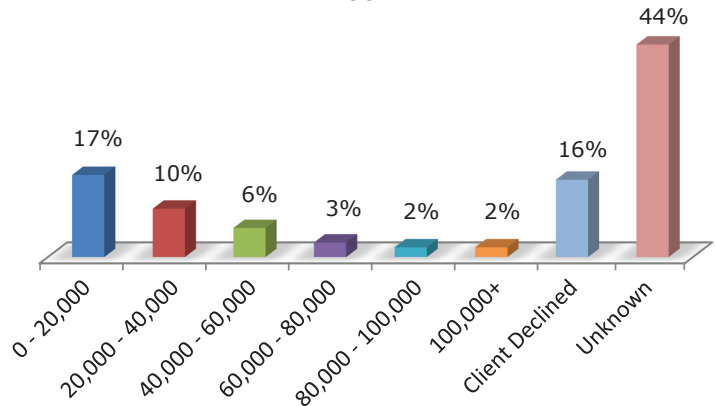
AGE



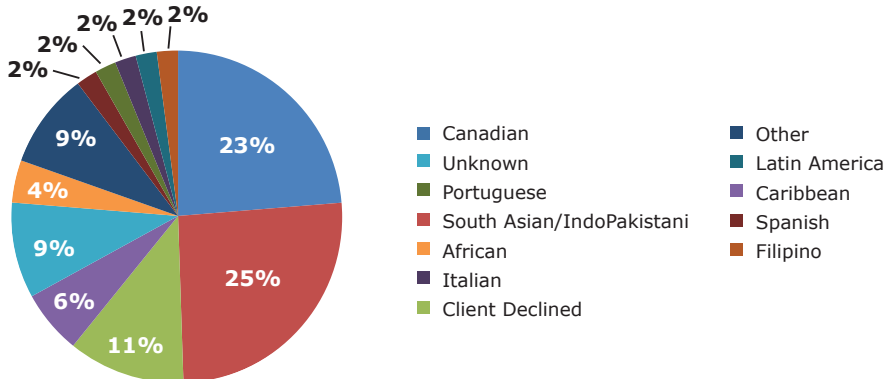
RELIGIOUS AFFILIATION



INCOME



ETHNICITY



Over 13% of clients received service directly from CFSPD staff in their primary languages.

Strategic Direction 3: To Increase Organizational Capacity to Support Program Growth

A training program for graduate students that allows them to gain clinical experience through direct client contact, instruction and supervision by trained Individual, Couple and Family Therapists.

Practicum Training Program

DiSC Leadership Training

Building the capacity of the leadership team through the DiSC Leadership Assessment process to enhance leadership and management skills.

Counsellors participated in the Cognitive Behavioural Therapy training through CAMH. This intensive training enhances our capacity to offer CBT to our clients.

Cognitive Behaviour Therapy Training

Dialectical Behaviour Therapy Training

Counsellors participated in the Dialectical Behaviour Therapy training through CMHA Peel Dufferin. This approach integrates mindfulness and acceptance-based practices.

CFSPD partnered with the four CFS agencies in the Archdiocese of Toronto to develop a common evaluation framework to understand the outcomes of the counselling services provided. Results showed that clients felt more hopeful after engaging in a single session of therapy, that services were accessible, and that staff were welcoming and non-judgemental. Clients said they would recommend the services to someone else.

Catholic Family Services Collaborative Evaluation Project

CFSPD Staff

We have over 80 Staff members, of diverse professional and cultural backgrounds that provide service in the community in over 10 languages.

We would not be able to do the work we do without our Staff, Board and Volunteers.



Staff Milestones

10+ Years



Fahreen



Jackie

Board of Directors

Our Board of Directors provides leadership and strategic governance to support the organization in achieving its mission, to strengthen and enrich individual, family and community life.

Sue McAuley (Chair)
Dana Robbins (Vice Chair)
Catherine McLean (Secretary)
Harpreet Hansra (Treasurer)
Kirsten Barnes (Director)

Ashton Sequeira (Director)
Magid Youssef (Director)
Violette Geadah (Director)
Kiki Anadu (Director)
John Matos (Director)

The Davis Centre

The Davis Centre Collaborative: *Making a Difference Together*

VISION

A welcoming space for people and partnerships that supports and fosters resilience in families, individuals, and communities

STRATEGIC PRIORITIES 2020 - 2023

Establish a shared vision

Develop a diversified and sustainable funding base

Establish collective leadership to strengthen individuals and families within our diverse community

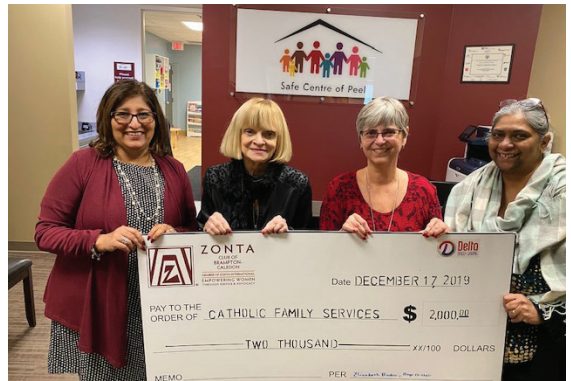
Create a space that supports collaboration and excellence in programming

Establish the Davis Centre Collaborative as a Sector Leader

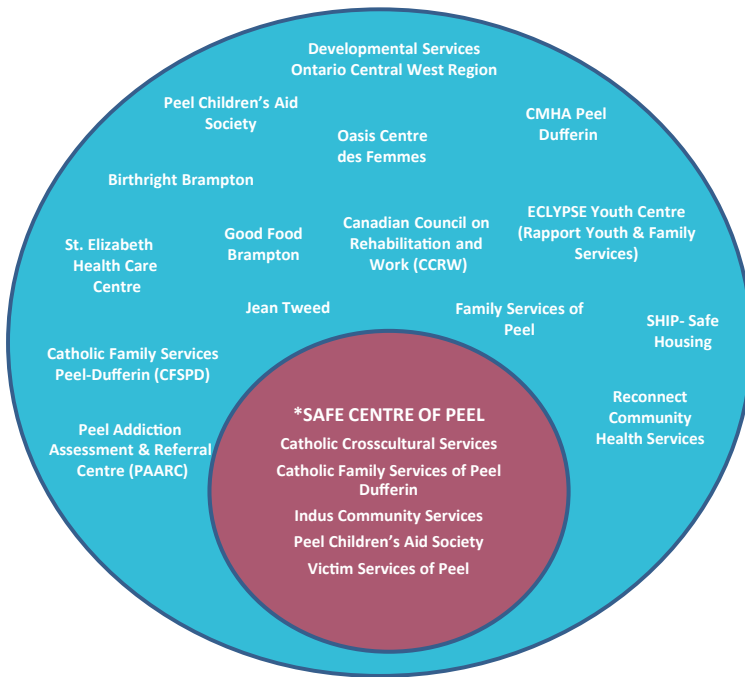
VALUES

We value people, partnerships, integrity, and inclusion

Moving Beyond Co-location: Increasing service coordination and collaboration at the Davis Centre



The Hon. William G. Davis Centre for Families Partners

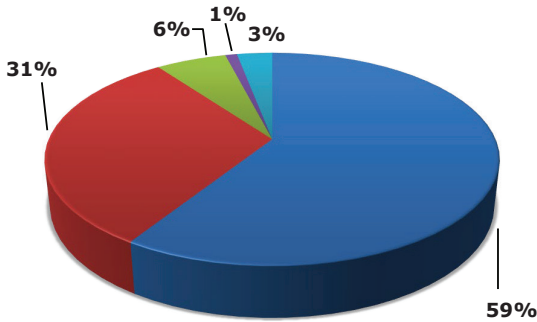


The Honourable William G. Davis Centre for Families in Brampton is home to 21 human service organizations working collaboratively to deliver services to the community. Our community hub provides a range of services; counselling, addictions, mental health, and psychotherapy, in one location making it easier for clients to access the services they need when they need them. It is home to the Safe Centre of Peel, our hub within the hub, providing integrated service delivery for victims of violence and their children. Good Food Brampton, our community kitchen, is the heart of our home, providing culinary training and nutrition programming for youth, newcomers, and seniors to name a few. Many have enjoyed a hot lunch meal served by our youth throughout the year.



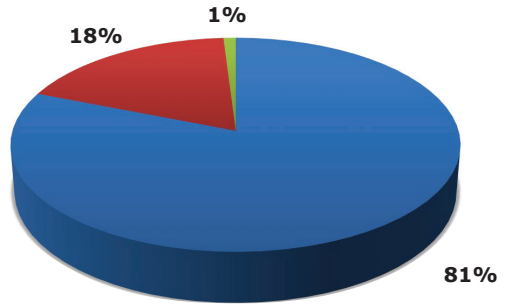
Strategic Direction 4: To Increase Funding to Support Growth within the Agency's Counselling Services

OPERATING REVENUE \$4,076,195



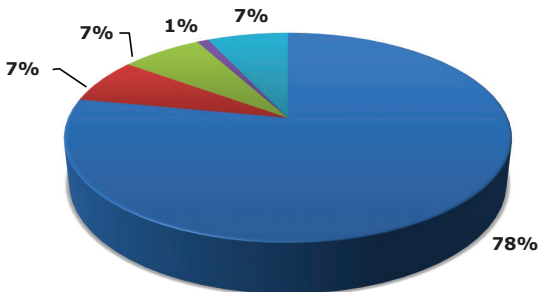
- Government Funding
- Charitable Organizations
- Client Fees
- Donations and Fundraising
- Other

BUILDING REVENUE \$1,257,542



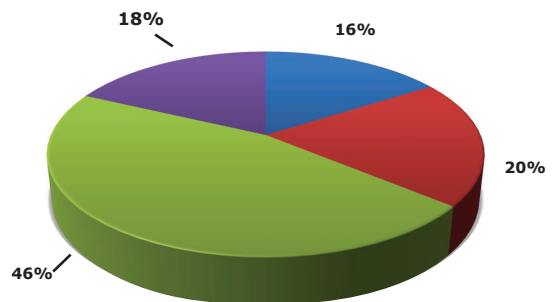
- Revenue from Rental Operations
- CFSPD Notional Rent
- Grants and Other

OPERATING EXPENSES \$4,086,502



- Wages & Benefits
- Program Cost
- Occupancy Cost
- Staff and Board
- Administrator

BUILDING EXPENSES \$1,297,943



- Mortgage Interest
- Amortization
- Tenants Recoverable Expenses
- Other Landlord Costs

Recognizing Our Funders and Donors



Ministry of the Attorney General
Ministry of Children, Community and Social Services



New Horizon for Seniors Program
Employment and Social Development Canada



Service Locations



Brampton Head Office

The Honourable William G. Davis
Centre for Families
60 West Drive, Suite 201
Brampton, Ontario
L6T 3T6
Tel: 905-450-1608

Other service locations

Southcom Building
2227 South Millway Suite 202
Mississauga ON, L5L 3R6
Tel: 905-897-1644

18 King Street East
Bolton, Ontario
L7E 1E8
Tel: 905-450-1608

Edelbrock Centre
30 Centre Street
Orangeville, Ontario
L9W 2X1
Tel: 905-450-1608

Dufferin Child & Family Services
655 Riddell Road
Orangeville, Ontario
L9W 4Z5
Tel: 905-450-1608

Dufferin County Toll Free: 1-888-940-0584
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