

# CONNECT Clinic

Courage. Hope. Accessibility.

## WHAT TO EXPECT

Clients will be supported at the CONNECT Clinic with the initial needs assessment and will be connected with appropriate resources.

At the end of the appointment, clients will have a support plan with next steps.



### 1 Initial Assessment



### 2 Service Planning



### 3 Service Partner Referrals



### 4 Leave with a Support plan in place

Opening February 8th, 2024



2nd and 4th Thursday of each month



12pm to 8pm

First come, first serve.

Please visit by 6pm to ensure a same-day appointment.

If you need any special accommodation during your appointment, please call our office at (905) 450 - 1608 Ext. 101 between 9-10 a.m. on the CONNECT Clinic days to get help before coming for the appointment.

## OUR GOALS

Our Vision is to create an inclusive community of healthy individuals, strong relationships and resilient families by strengthening and enriching individual, family and community life.

- Counselling, Psychotherapy for Individuals, Couples & Families experiencing life and relational stresses
- Wellness & Support Groups
- Support for people who have experienced abuse

Walk into the CONNECT clinic for a same day initial assessment!

Subsidized services & sliding scales available.

 (905) 450 - 1608 Ext. 101

 [www.cfspd.com](http://www.cfspd.com)

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